Friendship Heights Village Center



Calendar of Events 2018

U \mathbf{T} A G U **SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY SATURDAY FRIDAY** 9:30 a.m.: Tai Chi 8:15 a.m.: Walking Club Learn the importance of building balance, strength and 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club Ongoing 11 a.m.–4 p.m.: Village 10:30 a.m.: Coffee and 9 a.m. – 1 p.m.: Twin flexibility with popular Village instructor, Tonya Walton, 12 p.m.: Chess Group Playtime 7 p.m.: Movie: A 7 p.m.: Concert: **Trans** 10:30 a.m.: Balance, 10 a.m. to 2 p.m.: Certified Brain & Balance Specialist for People Over 60. Wrinkle in Time Women's Self-Defense Class Movement and Details in the September Village News. Memory 10:30 a.m.: Basic Photography 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi 8:15 a.m.: Walking Club Ongoing 9:30 a.m. – 1:30 p.m.: 10 a.m.: Great Books 9 a.m.: Depart for 10:30 a.m.: Coffee and 9 a.m. – 1 p.m.: Twin 11 a.m.–4 p.m.: Village Coffee and Sunday Philadelphia Current Events Springs 12:30 p.m.: Bridge Club 12 p.m.: Chess Group Playtime Papers 10:30 a.m.: Balance, 10:30 a.m.: Basic 12 - 4 p.m.: Blood 5:30 p.m.: Community 11 a.m.: Still Life and Pressure Screening Movement and Photography Advisory Committee Beyond Memory 9:30 a.m.: Photography 2-4 p.m.: Nurse 7 p.m.: Movie: 1 p.m.: Abstract Painting Specialist for Children 7 p.m.: Concert: Chappaquiddick 3 - 4 p.m.: Tea **Timothy Roberts Ouartet** 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi 9:30 a.m.: Tai Chi Intro. 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 9:30 a.m. – 1:30 p.m.: 11 a.m. — 4 p.m.: Village 12 – 4 p.m.: Blood Ongoing 10 a.m.: Great Books 10:30 a.m.: Coffee and 9 a.m. – 1 p.m.: Twin Playtime Coffee and Sunday Pressure Screening 12 p.m.: Chess Group 12:30 p.m.: Bridge Club Current Events Springs **Papers** 7 p.m.: Movie: Man on 2:30 p.m.: Speech 1 p.m.: All in the Eyes 10:30 a.m.: Balance, 10:30 a.m.: Basic 11:30 a.m. - 1:30 p.m.: Therapy and Support Wire 1 p.m.: Suburban Lecture: Movement and Photography **Art Reception** Circulation Memory 9:30 a.m.: Photography 2 - 4 p.m.: Nurse 7 p.m.: Concert: Susan for Children Specialist Jones Jazz 3 - 4 p.m.: Tea 8 a.m.: Depart for 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:15 a.m.: Drop-in Tai Chi 9:30 a.m.: Tai Chi Intro. 9:10 a.m.: Yoga Rehoboth 11 a.m.: Village Book 9 a.m. – 1 p.m.: Twin 10:30 a.m.: Coffee and 9:30 a.m. – 1:30 p.m.: 10 a.m.: Great Books 8:15 a.m.: Walking Club Springs 12 p.m.: Chess Group Current Events Coffee and Sunday 10 a.m. - 2 p.m.: MVA 12 – 4 p.m.: Blood 11 a.m. - 4 p.m.: Village 10:30 a.m.: Basic 1 p.m.: All in the Eyes Papers **Mobile Office** Pressure Screening Playtime Photography 7 p.m.: Concert: Pam 12:30 p.m.: Bridge Club 2 – 4 p.m.: Nurse 7 p.m.: Movie: I Can 9:30 a.m.: Photography Parker Trio 7 p.m.: Café Muse Specialist **Only Imagine** for Children 3 – 4 p.m.: Tea 31 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 9:30 a.m. - 1:30 p.m.: 9:30 a.m.: Tai Chi Intro. 9:30 a.m.: Tai Chi 8:15 a.m.: Walking Club Coffee and Sunday 10 a.m.: Great Books 10 a.m.: Children's Ongoing 10:30 a.m.: Coffee and 11 a.m. — 4 p.m.: Village **Papers** concert with 12 p.m.: Chess Group Current Events Playtime 12:30 p.m.: Bridge Club Marsha Goodman-7 p.m.: Movie: Jumanji: 1 p.m.: All in the Eyes Wood Welcome to the 7 p.m.: Concert: 12 – 4 p.m.: Blood Mariachis de Los Pressure Screening Compadres 2 - 4 p.m.: Nurse Specialist 3 - 4 p.m.: Tea **Shuttle bus hours**



Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

Tea volunteers needed!

The very popular Tuesday Tea program at the Village Center needs additional volunteers to assist other dedicated volunteers with the preparation and serving of fruits, pastries, and tea and coffee to our center guests. The time commitment would be about 2.5 hours between 1:30 and 4 p.m. on Tuesdays. Please drop by the center and fill out a volunteer form. Our Facilities Manager Betty Ardizzone will call you to set up an appointment, and would be happy to answer any questions.

